

A Budget You Can Keep

Resource	Asset	LAND	LABOR	CAPITAL	Income	Expense	Liability	Need
Time, energy, intelligence...	Programming skills		✓		Wages/Tips	Mortgage, insurance, taxes	House	Housing
								Housing
								Health
								Food & Clothing
								Transportation
								Security
								Social Connection
								Personal Growth
								Meaning
								Fun/Adventure
								Relaxation

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