



FAST TRACKS AND BRAIN HACKS FOR ENHANCED FINANCIAL LITERACY

Jac M. Arbour, CFP®, ChFC®

TODAY'S TAKEAWAYS

- Limitations
- Failure
- Opportunity
- Mentors, Circles of Influence, Building a Network
- The Vibration Gratitude
- Brain Hacks: A Vision for Life
- Remember: *The Origin-Experience Cycle*





The Man Behind the Rope



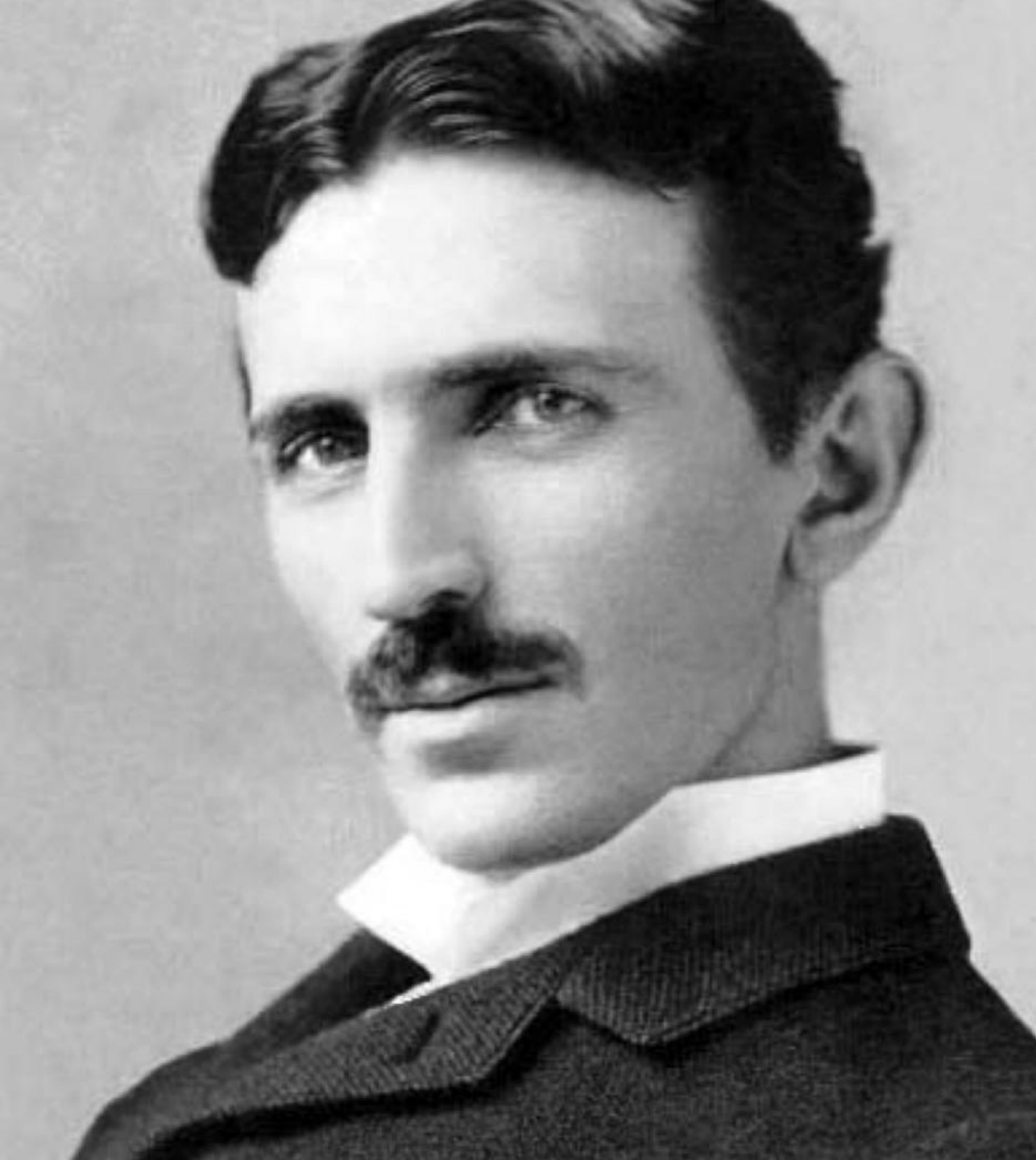
“THERE IS NO SUCH THING
AS DREAMING TOO BIG”



“FILL YOUR LIFE WITH PEOPLE WHO CAN MENTOR YOU IN
ALL AREAS OF LIFE IN WHICH YOU WANT TO SUCCEED
AND THE CUP OF YOUR LIFE WILL OVERFLOW.”

- THE MAN ON THE BOAT

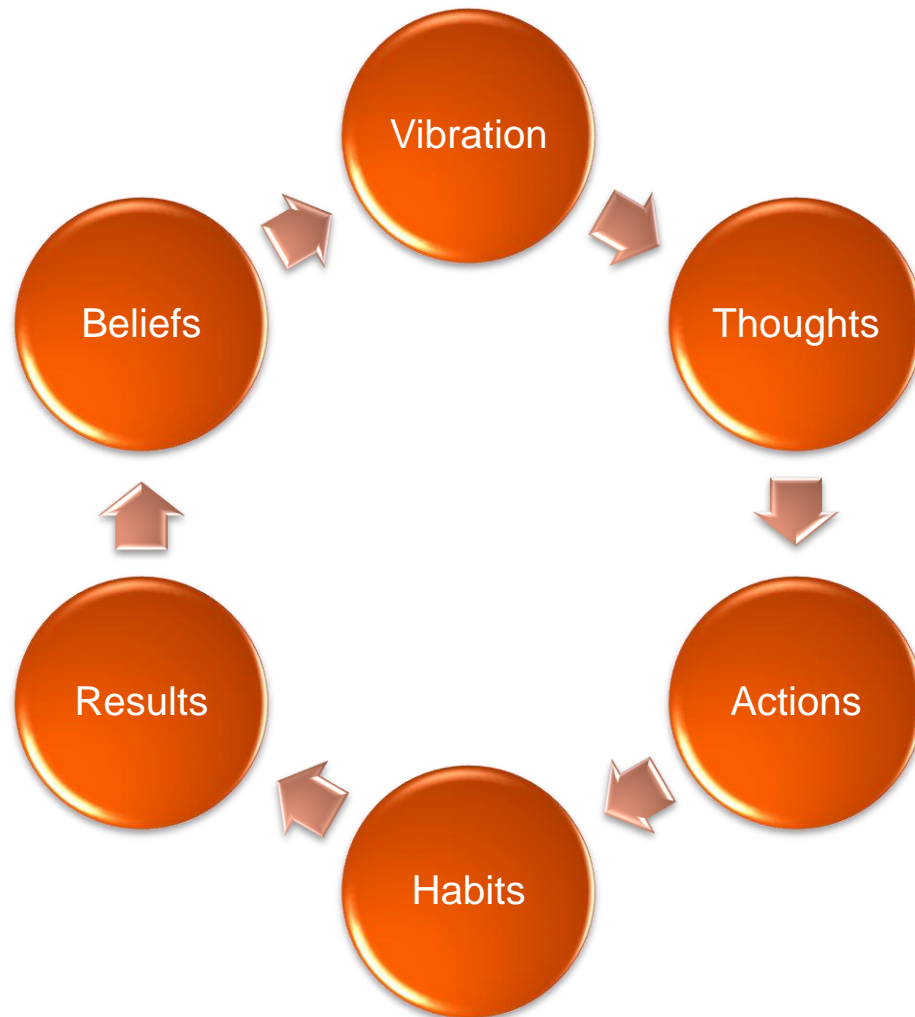


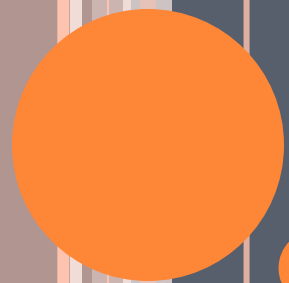


“If you want
to find the
secrets of
the universe,
you must
think in
terms of
energy,
frequency,
and
vibration.”



THE ORIGIN-EXPERIENCE CYCLE





LIMITATIONS



We are
limited
only by
our
own
beliefs.

What do you
believe?





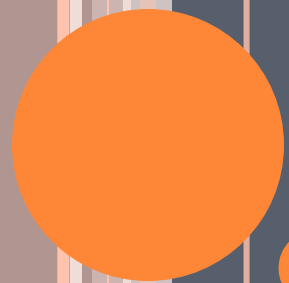
Who
is this
guy?

Belief &
Permission



WHO WANTS TO BE A MILLIONAIRE?





FAILURE

“HOW WE RESPOND TO OUR OWN
PERCEPTION OF FAILURE WILL DETERMINE
THE RATE AT WHICH WE EXPERIENCE OUR
OWN DEFINITION OF SUCCESS.”



FAILURE VS. SUCCESS

- 5'11
- Cut from varsity team as a HS Sophomore
- Missed more than 9,000 shots
- Lost nearly 300 games
- Missed 26 game winning shots
- Six NBA Titles
- Five NBA MVPs
- Ten Times Scoring Title
- Two Olympic Gold Metals
- Top selling athletic brand
- Underwear Model





Michael
Jordan



A TEACHER'S STORY

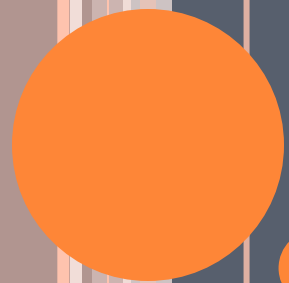


DR. YURI KHOLODENKO



99/1 RULE





OPPORTUNITY

“OPPORTUNITY IS MISSED BY MOST PEOPLE
BECAUSE IT IS DRESSED IN OVERALLS
AND LOOKS LIKE WORK”

-THOMAS EDISON



How
Many?



The left side of the slide features a series of vertical stripes in shades of brown, tan, and grey. Overlaid on these stripes are several orange circles of varying sizes, arranged in a descending, staggered pattern from top to bottom.

MENTORS

CIRCLES OF INFLUENCE

BUILDING A NETWORK

MENTORS

- Teach kids how to ID mentors
- Mentors are all around us
- Literary
- Teachers
- Coaches
- Digital Media



“MENTORS ACCELERATE THE GROWTH CURVE
AND SHORTEN THE LEARNING CURVE.”



CIRCLES OF INFLUENCE

- Awareness
- It is a choice
- Does it feel good?
- Supporting or hindering the goal?
- Accelerating or slowing the rate of achievement?
- Positive or negative?



“WE ARE THE AVERAGE OF THE TEN PEOPLE WE
HANG AROUND MOST.”



BUILDING A NETWORK

- Similar goal sets
- Complimentary skill sets
- Network of their own
- Abolition of slavery
- “Take it all way, but let me keep my network and ...”



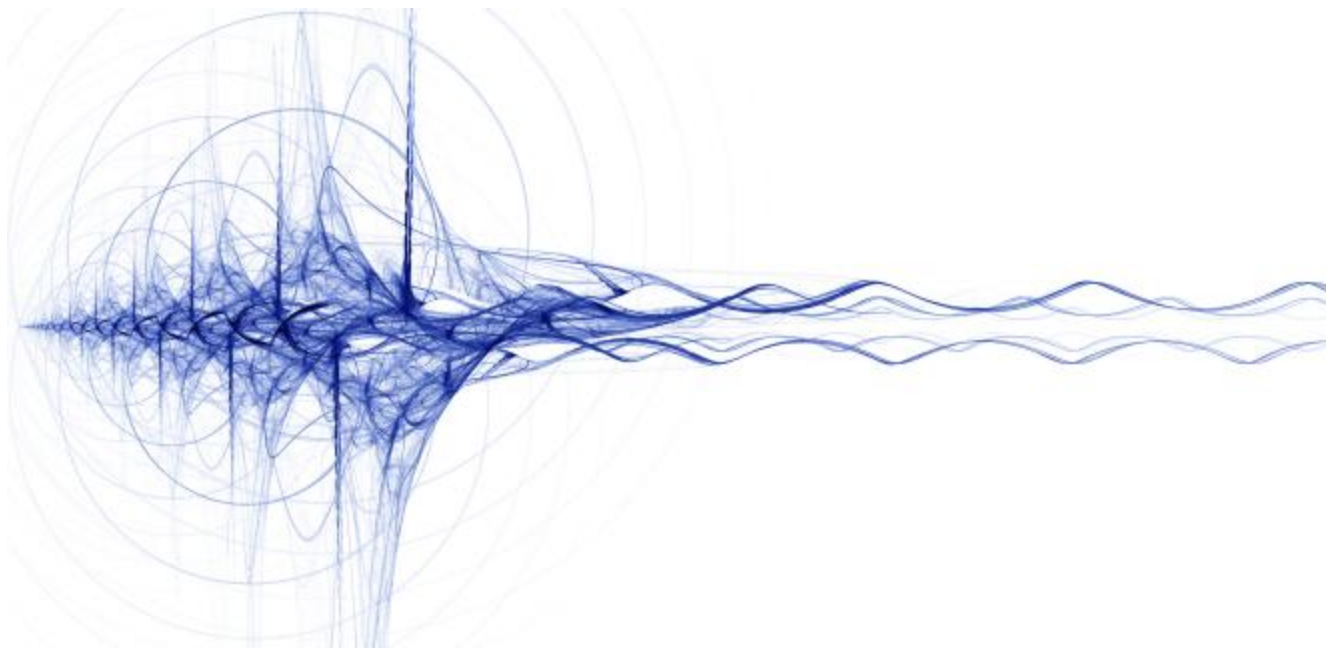
“WHO CAN YOU CALL AT 2AM?”

- HARVEY MACKAY

HOW TO SWIM WITH THE SHARKS
WITHOUT BEING EATEN ALIVE



THE VIBRATION OF GRATITUDE





BRAIN HACK

A Vision for Life

RETICULAR ACTIVATING SYSTEM



A DIFFUSE NETWORK OF NERVE PATHWAYS IN THE
BRAINSTEM CONNECTING THE SPINAL CORD,
CEREBRUM, AND CEREBELLUM, AND MEDIATING THE
OVERALL LEVEL OF CONSCIOUSNESS.

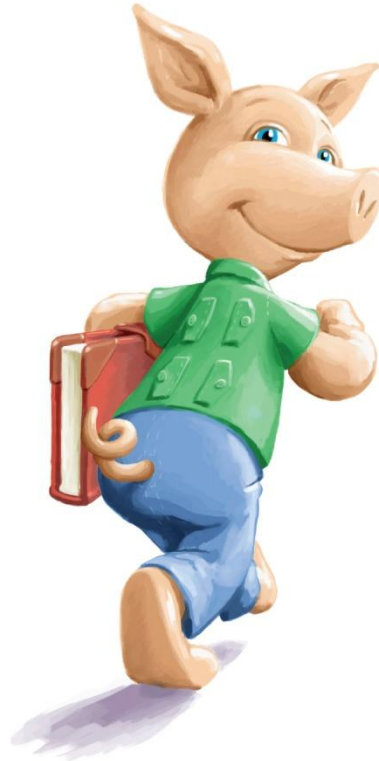


THE RETICULAR ACTIVATING SYSTEM IS A SHORT, PENCIL-SIZED PIECE OF THE BRAIN LOCATED JUST ABOVE WHERE THE SPINAL CORD IS ATTACHED TO THE BRAIN. IT ACTS AS THE GATEKEEPER OF INFORMATION BETWEEN MOST **SENSORY** SYSTEMS AND THE CONSCIOUS MIND.



"THIS BOOK IS SURE TO BE THE NEXT AMERICAN CLASSIC!" - JOHN DOE

This Little
PIGGY



THE TALE OF AN EXTRAORDINARY PIGGY BANK

JAC ARBOUR



Thank You!

jac@jmarbour.com

www.jmarbour.com

